



MEN'S CHURCH LEAGUE **BASKETBALL**


The Centre

Rules & Regulations

Games:

All games will be played at The Centre on either Court 1 or 2.

- 1800 U.S. 223 Adrian MI 49221

Specifications:

- Full court 4v4 teams up to 7 players max (min of 5).

Equipment:

- Teams provide their own reversible jerseys/shirts (dark & light)
- League provides game/warm-up balls (29.5)

Rules and Format:

- Each game shall begin with a prayer (**home** team shall lead prayer)
- Game begins w/ rock paper scissors. Winner chooses if they want ball 1st or 2nd half.
- League play will be **A League & B League**
 - **A league** is for more advanced churches (6-team max)
 - Court 1
 - **B League** is for older or less advanced churches (6-team max)
 - Court 2
- To be eligible to play, each player must attend, on a regular basis, his or her respective church.
 - Regular basis: 3+ services a month
- Teams are encouraged to share a devotion before or after game (recommended 5 minutes).
 - Team may lead devotions for both competing teams.
- Minimum age shall be 18+
- Players may only be registered to 1 team.
- There shall be no smoking, alcoholic beverage, or profane language used during the game. Any players who violate the above code of conduct will be asked to leave the game.
- League Tournament will be held throughout the week of Mar 22, 24, 26. More details coming later.
- Seeding for the tournament will be assigned by the record in the regular season. Best record will be seeded as the #1 seed and so forth down to the last seed.
 - Coaches shall text/email scores to league manager after games.
- Teams will self-manage officiating games (CYOF)
 - League provides refs for League Tournament
- Two 20-min halves, running clock (except last two minutes of the second half). If the game ends in a tie, an overtime period will be 5 minutes long.
 - 5 minutes to warm-up
 - Two 30-sec time-out/half
- Teams will play 1 game per week

In Game Rules

- *Points: 2's and 3's*
 - 1- and-1 Free throws will apply at the final two-minutes of the second half for shooting fouls
 - If questionable, score-keeper may help decide call
- Regular basketball rules apply (traveling/ double dribble /charge/blocking)
- Integrity - Call your own fouls

Line up and Game Time

- Game time is forfeit time; If your team is not on the court by the scheduled start time, it will be a forfeit. This will only apply to ORIGINAL scheduled game times. If start times are altered for any reason (fast pace, slow pace, weather, etc.) there will be leniency.
- Game times vary week to week (Tuesday Evenings)
 - 5:30-6:30/ 6:30-7:30/ 7:30-8:30

Substitutions

- You may enter and exit the court on dead balls/time outs.

Roster Rules:

- Minimum of 5 total players, maximum of 7 per team
- Game is 4v4 on the court