



## Quick Reference

### Week of December 14

| General Information         |   |
|-----------------------------|---|
| Centre Hours                | Capacity restrictions in place. Check in at Member Services<br>Monday - Friday: 5:00 AM - 8:00 PM<br>Saturday: 8:00 AM - 5:00 PM  |
| Centre Café Hours           | Open for take out<br>Monday - Friday: 7:00 AM - 6:00 PM<br>Saturday: Closed<br>Available for Grab & Go purchases at the Member Services Desk when closed                              |
| Indoor Pool Schedule        | <a href="https://www.thecentre.info/#calendar">https://www.thecentre.info/#calendar</a>   |
| Guest Passes                | Temporarily unavailable   |
| Age Policy                  | Members under the age of 16 must be accompanied by an adult member  |
| Current Job Openings        | <a href="https://www.thecentre.info/about-us/employment-opportunities/">https://www.thecentre.info/about-us/employment-opportunities/</a>   |
| Safety                      |   |
| Positive COVID-19 Diagnosis | Notify Managing Director  |
| Check In                    | Required at Member & Guest Services Desk  |
| Check Out                   | Required at Member & Guest Services Desk  |
| Spacing                     | Maintain 6' of distance between patrons. Maintain 12' of distance between patrons when exercising   |
| Cleaning                    | Thoroughly clean equipment with disinfectant wipes before and immediately after use   |
| Face masks                  | Face masks are required inside the facility unless swimming or eating   |
| Services                    |   |
| Exercise Classes            | No in person exercise classes. Virtual fitness classes available at <a href="https://www.youtube.com/user/ChristianFamilyCentr">https://www.youtube.com/user/ChristianFamilyCentr</a> |
| Personal Training           | Available. Contact the Member Services team to schedule your session  |
| Impact Splash               | Temporarily unavailable, contact <a href="mailto:lifeguard@thecentre.info">lifeguard@thecentre.info</a> to receive updates  |
| Impact Sports               | Impact Volleyball is suspended, registration is open for Impact Basketball. Visit <a href="https://www.thecentre.info/impact">https://www.thecentre.info/impact</a> to register       |
| Lifeguard Training          | Temporarily unavailable, contact <a href="mailto:lifeguard@thecentre.info">lifeguard@thecentre.info</a> to receive updates  |

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|----------------------------|---|
| Catering & Rental Services | Temporarily unavailable, contact <a href="mailto:planmyevent@thecentre.info">planmyevent@thecentre.info</a> to schedule your upcoming event |
| Birthday Parties           | Temporarily unavailable, contact <a href="mailto:planmyevent@thecentre.info">planmyevent@thecentre.info</a> to schedule your upcoming event |
| Kids Care                  | Temporarily unavailable   |
| Massage                    | Temporarily unavailable   |
| <b>Areas</b>               |   |
| Café                       | Take out only   |
| Pool                       | Available for lane swim and family lane swim. Reservation required  |
| Locker Rooms               | Open for use. Showers are available   |
| Bathrooms                  | Available for use   |
| Fitness Centers            | Fitness centers are open for socially distant exercise. Face masks are required.  |
| Gymnasium                  | Available for socially distant use. One person or family per basket for non-competitive play  |
| Common Seating Areas       | Furniture is moved to maintain distance. Please do not move furniture   |
| <b>Activities</b>          |   |
| Racquetball                | Racquetball court is available for members of the same household  |
| Pickleball                 | Temporarily unavailable   |
| Lights Out Swim            | Temporarily unavailable   |
| <b>Amenities</b>           |   |
| Towel Service              | Available   |
| Exercise Mats              | Please provide your own exercise mat  |
| Drinking fountains         | Bring your own water bottle. Drinking fountains are closed but bottle filling stations are available.                                       |

Schedules subject to change