



The Centre

Quick Reference

Week of December 7

General Information	
Centre Hours	Capacity restrictions in place. Monday - Friday: 5:00 AM - 8:00 PM Saturday: 8:00 AM - 5:00 PM
Centre Café Hours	Open for take out Monday - Friday: 7:00 AM - 6:00 PM Saturday: Closed Available for Grab & Go purchases at the Member Services Desk when closed
Indoor Pool Schedule	https://www.thecentre.info/#calendar
Guest Passes	Temporarily unavailable
Age Policy	Members under the age of 16 must be accompanied by an adult member
Current Job Openings	https://www.thecentre.info/about-us/employment-opportunities/
Safety	
Positive COVID-19 Diagnosis	Notify Managing Director
Check In	Required at Member & Guest Services Desk
Check Out	Required at Member & Guest Services Desk
Spacing	Maintain 6' of distance between patrons. Maintain 12' of distance between patrons when exercising
Cleaning	Thoroughly clean equipment with disinfectant wipes before and immediately after use
Face masks	Face masks are required inside the facility unless swimming or eating
Services	
Exercise Classes	No in person exercise classes. Virtual fitness classes available at https://www.youtube.com/user/ChristianFamilyCentr
Personal Training	Available. Contact the Member Services team to schedule your session
Impact Splash	Temporarily unavailable, contact lifeguard@thecentre.info to receive updates
Impact Sports	Impact Volleyball is suspended, registration is open for Impact Basketball. Visit https://www.thecentre.info/impact to register
Lifeguard Training	Temporarily unavailable, contact lifeguard@thecentre.info to receive updates

Catering & Rental Services	Temporarily unavailable, contact planmyevent@thecentre.info to schedule your upcoming event
Birthday Parties	Temporarily unavailable, contact planmyevent@thecentre.info to schedule your upcoming event
Kids Care	Temporarily unavailable
Massage	Temporarily unavailable
Areas	
Café	Take out only
Pool	Available for lane swim and family lane swim. Reservation required
Locker Rooms	Open for use. Showers are available
Bathrooms	Available for use
Fitness Centers	Fitness centers are open for socially distant exercise. Face masks are required.
Gymnasium	Available for socially distant use. One person or family per basket
Drinking fountains	Bring your own water bottle. Drinking fountains are closed but bottle filling stations are available.
Common Seating Areas	Furniture is moved to maintain distance. Please do not move furniture
Activities	
Racquetball	Racquetball court is available for members of the same household
Pickleball	Temporarily unavailable
Lights Out Swim	Temporarily unavailable
Amenities	
Towel Service	Available
Exercise Mats	Please provide your own exercise mat

Schedules subject to change