



# The Centre

## Quick Reference

Week of November 30

General Information	
Centre Hours	Capacity restrictions in place. Monday - Friday: 5:00 AM - 8:00 PM Saturday: 8:00 AM - 5:00 PM
Centre Café Hours	Open for take out Monday - Friday: 7:00 AM - 8:00 PM Saturday: Closed
Indoor Pool Schedule	<a href="https://www.thecentre.info/#calendar">https://www.thecentre.info/#calendar</a>
Guest Passes	Temporarily unavailable
Age Policy	Members under the age of 16 must be accompanied by an adult member
Current Job Openings	<a href="https://www.thecentre.info/about-us/employment-opportunities/">https://www.thecentre.info/about-us/employment-opportunities/</a>
Safety	
Positive COVID-19 Diagnosis	Notify Managing Director
Check In	Required at Member & Guest Services Desk
Check Out	Required at Member & Guest Services Desk
Spacing	Maintain 6' of distance between patrons. Maintain 12' of distance between patrons when exercising
Cleaning	Thoroughly clean equipment with disinfectant wipes before and immediately after use
Face masks	Face masks are required inside the facility unless swimming or eating
Services	
Exercise Classes	No in person exercise classes. Virtual fitness classes available at <a href="https://www.youtube.com/user/ChristianFamilyCentr">https://www.youtube.com/user/ChristianFamilyCentr</a>
Lap Swimming	Contact the Member Services staff to reserve a lane
Open Swim	Available on a first come first served basis
Personal Training	Available. Contact the Member Services team to schedule your session
Impact Splash	Temporarily unavailable, contact <a href="mailto:lifeguard@thecentre.info">lifeguard@thecentre.info</a> to receive updates
Impact Sports	Impact Volleyball is suspended, registration is open for Impact Basketball. Visit <a href="https://www.thecentre.info/impact">https://www.thecentre.info/impact</a> to register
Lifeguard Training	Temporarily unavailable, contact <a href="mailto:lifeguard@thecentre.info">lifeguard@thecentre.info</a> to receive updates

Catering & Rental Services	Temporarily unavailable, contact <a href="mailto:planmyevent@thecentre.info">planmyevent@thecentre.info</a> to schedule your upcoming event
Birthday Parties	Temporarily unavailable, contact <a href="mailto:planmyevent@thecentre.info">planmyevent@thecentre.info</a> to schedule your upcoming event
Kids Care	Temporarily unavailable
Massage	Temporarily unavailable
<b>Areas</b>	
Café	Take out only
Locker Rooms	Open for use. Showers are available
Bathrooms	Available for use
Fitness Centers	Fitness centers are open for socially distant exercise. Face masks are required.
Gymnasium	Available for socially distant use
Drinking fountains	Bring your own water bottle. Drinking fountains are closed but bottle filling stations are available.
Common Seating Areas	Furniture is moved to maintain distance. Please do not move furniture
<b>Activities</b>	
Racquetball	Racquetball court is available for members of the same household
Pickleball	Temporarily unavailable
Lights Out Swim	Temporarily unavailable
<b>Amenities</b>	
Towel Service	Available
Exercise Mats	Please provide your own exercise mat

Schedules subject to change